



Baton Rouge Beach Marathon XVI



WELL, RACE FANS, THE DASTARDLY KNIGHT WHO USURPED THE THRONE OF THIS MARATHON KINGDOM FROM A KIND AND BENEVOLENT KING IS STILL IN POWER DESPITE MANY COUP ATTEMPTS. THE FOUL AND ODIOS FIEND JUST WILL NOT ABANDON HIS CUSHY THRONE! THERE IS ONLY ONE STELLAR EVENT IN HIS REALM -- THE BEST MARATHON IN TOWN. SO JOIN US!

PLACE: Baton Rouge Beach on Stanford Avenue at the LSU campus. New around here? Take Acadian Thruway exit off I-10, go toward LSU, a little over a mile and it's on the right. (Hint: Acadian Thruway turns into Stanford Avenue.)

TIME: 7:00 AM SHARP -- for BOTH races -- Saturday, December 5, 2009.

COURSE: Still no improvement on the old king's course. It is a certified, flat & fast, double-loop course. It begins & ends at the Beach and passes through the LSU campus, around the LSU lakes & through the shaded lanes of the landed gentry. The interloper promises that the wild dogs have been eradicated.

AID: Water, replacement drinks, maybe assorted fruit & more will be on the course if the ogre king can catch and flog enough of his subjects to be there.

FEES & RUNNER LIMIT: The cost is \$50 for the half run & \$65 for the long run if the exchequer receives your money by 11/8/09. Thereafter, it's \$60 & \$75.

TO ENTER: (1) MAKE CHECKS PAYABLE TO BATON ROUGE BEACH MARATHON & SEND TO 3909 PLAZA TOWER DRIVE, BATON ROUGE, LA 70816; or
(2) Register online -- www.signmeupsports.com. The royal highness has decreed that the field is limited to 1000. Commit now!

SHIRTS: If you register before 11/8/09, you will receive a tech shirt designed by the fabulous folks at Dream Silk Screens in Baton Rouge. If you sign up late, the despot has a committee of saw-toothed knaves to hunt you down to deliver your freaking shirt. Not a pleasant thought, so sign up early and avoid the pain.

POST-RACE: All RUNNERS get food & drink. His lowness will send his minions out into the far reaches of his swampy realm to capture & skin enough gators for you to enjoy for the 16th year running - the only post-race food worth having - ALLIGATOR SAUCE PIQUANT! Since we lose a few good knaves every year, honor their memory and try a plate!

AWARDS: The pseudo-king will be present to give overall & age group awards in both races. Groveling to his majesty is strictly required. Marathon finishers will receive a medal at the finish & a certificate if the royal printer gets to it, which is not likely.

PACKET PICKUP: Friday, 12/4/09 from 6:00-9:00 PM at the host hotel, Courtyard by Marriot, I-10 & Acadian Thruway. Late registration is available at this time. The royal cook will have some tasty local dishes and beverages for you, unless he washes down his meade too early. Then, you'll have to fight the royal hounds to get some of theirs.

OVERNIGHT: BRBM has arranged special rates at Courtyard by Marriot. Call them at 888-364-1200 & refer to the race. Laquinta Inn & Red Lion Inn are also at this I-10 exit if you have a desire to be different.

HUMAN ASSISTANCE: If you have a deep & burning need to hear a human voice, call Craig at 225-292-3800 or 225-324-3123.



Entry Form -- Baton Rouge Beach Marathon XVI - Dec. 5, 2009



I know running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with my participation in this event including, but not limited to, falls, contact with other participants or automobiles, the effects of the weather including, but not limited to, humidity, vehicular or pedestrian traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of the acceptance of my entry, I, for myself, my executors, heirs, administrators, and assigns, do hereby waive, release and discharge any and all persons, groups, organizations and sponsors staging and/or participating in this event from any and all claims, damages, demands, causes, or actions whatsoever in any manner arising out of my participation in this running event.

SIGNATURE _____ AGE _____ BIRTH DATE _____ GENDER _____
NAME:(Print) _____ PHONE _____
ADDRESS: _____

EVENT: 26.2 mi. 13.1 mi.
(Circle One)

SHIRT SIZE: XS S M L XL
(Circle One)



Presented by the Running Chicken Track Club

